

Crown Gymnastics is a
smoke free property.
Thank you for not smoking.

PARENT HANDBOOK



Crown Gymnastics Studio

WWW.CROWNGYMNASTICS.COM

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PARENT HANDBOOK | CROWN GYMNASTICS STUDIO

WE ARE SO EXCITED TO HAVE YOU AND YOUR GYMNAST AT CROWN! OUR GOAL IS TO PROVIDE EDUCATIONAL AND QUALITY GYMNASTICS INSTRUCTION!

IN ORDER FOR THE QUARTER TO RUN SMOOTHLY, HERE ARE SOME DETAILS EVERYONE NEEDS TO KNOW:

1. CANCELLATIONS AND REFUNDS

We try to keep classes to a 6:1 ratio of students to teacher (maximum 8:1). This means that class space is limited. If your gymnast's name is on our schedule for the coming quarter, you are responsible to pay for the entire quarter. Canceling your registration should be done **before** the first week of the quarter in order for a refund or for there to be no charge to your account.

If your gymnast sustains an injury (in the gym or elsewhere), we will credit your account for the weeks they have to miss class due to injury towards the next quarter.

Credits to your gymnast account will only apply to the following quarter (excluding summer quarter).

2. ATTIRE & DRESSING ROOMS

All female gymnasts are required to wear a gymnastics leotard! Wearing a suit is helpful for the coach when spotting the gymnast. Here are some ideas on where to purchase a suit:

The Leo Rack at the gym! Limited sizes and styles available.

Ozoneleos.com

Dancewearsolutions.com

Amazon.com

Male gymnasts should wear shorts and a t-shirt. If he does wear long pants, make sure they are not loose at the ankles.

Boy's extra clothing, shoes & socks are to go upstairs in the cubbies on the wall. Girls extra clothing are to go in the dressing

room across from the office. Please do not store clothes in the waiting room area.

No boys are allowed in the girl's dressing room. If a gymnast needs help getting her shoes on and Dad needs to assist, the gymnast should come out of the dressing room area to find her parent and get help.

3. WAITING ROOM AREAS

Parents/visitors are welcome to stay in our downstairs or upstairs waiting room spaces. Several items to consider:

- Do not sit on or block stairway entrance or exit.
- Do not let children beat on the glass windows!
- Parents and visitors should use the restroom inside the waiting room area; please do not use the coach and student bathroom in the gym area.
- Please do not move chairs or block the windows in the observation rooms. We try to set up the area for maximum viewing for everyone (some seats have limited viewing due to their location).

4. MAKE-UP CLASSES

Life gets busy! If your gymnast happens to miss class, please schedule a make-up class in the office.

- ONE make-up class per student per session is allowed.
- If your student takes twice a week they are eligible for 2 make-up classes/quarter.
- If your student cannot keep a scheduled make-up, please check with the office for a new time.
- Since the gym is very busy weeks 10 & 11 for the quarter, make-ups should be scheduled before weeks 10 & 11.
- Some class levels are only offered one time a week; no make-up class is available. Make-ups do not carry over to the next quarter.

THANK YOU FOR CHOOSING CROWN FOR YOUR GYMNAST! WE LOOK FORWARD TO WORKING WITH YOU THIS QUARTER!